

SEPTEMBER 2018



GARDENS OF WETUMPKA
ASSISTED LIVING

334.514.4839 | www.GardensofWetumpka.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Exercise: Building A-9:30am Building B -10am</p>	<p>Food: Apples</p>	<p>Health Topic: Healthy Aging Month</p>	<p>Celebration: National Assisted Living Week- Sept. 9-15</p>	<p>CAPTURE THE Moment</p>		<p>1 Bacon Day</p>
<p>2 Coconut Day</p>	<p>3 Bingo-B 10am 2pm Billy Brown Singers</p>	<p>4 Exercise Susan Therapy Dogs 10:30am</p>	<p>5 Exercise 10am Papparози Sell 2pm Chicken Scratch</p>	<p>6 Exercise 2pm Chips and Dip</p>	<p>7 2pm Bingo-A</p>	<p>8 Drive Your Studebaker DAY!</p>
<p>9 National Assisted Living Week Grandparents Day "Moment of JOY" 2pm Root Beer Floats & Story Time</p>	<p>10 "Moment of Pride" 10am Bingo-B 2pm Certificate Ceremony</p>	<p>11 "Moment of Reflection" Exercise 10am Leap Of Faith Ballerina Dancers 2pm Rev Larry & Melanie</p>	<p>12 "Moment of Gratitude" Exercise 2pm Wine & Cheese Social</p>	<p>13 "Moment of Celebration" Exercise 2pm Garden Tea Party</p>	<p>14 Exercise "Moment of Connection" 10am Antique Cars Reborn Harmony Hayride 11am-3pm FAMILY DAY</p>	<p>15 "Moment of Laughter" Visit Your Neighbor Fun With Bubbles and Roasted Peanuts</p>
<p>16 Clean Hands Week</p>	<p>17 8-9am Flu Shots 10am Bingo - B 2pm Billy Brown Singers</p>	<p>18 Exercise Susan Therapy Dogs 10:30am</p>	<p>19 Exercise Art With Lauren Ivy Creek 2pm</p>	<p>20 Exercise 9:30am Walmart Run</p>	<p>21 Exercise 2pm Bingo-A</p>	<p>22 FALL Prevention Awareness Day!</p>
<p>23 Day of Worship</p>	<p>24 9am Health Fair & Bingo with Lynn</p>	<p>25 Exercise 2pm Scrabble</p>	<p>26 Exercise 1pm Brown Bag Auction 2pm Billy Brown Singers</p>	<p>27 Sept Birthdays Chicken Scratch 2pm - A</p>	<p>28 Exercise 2pm Bingo-A</p>	<p>29 International Coffee Day</p>
<p>30 I ♥ MY CHURCH</p>	<p>FUN: Fall Hat Month</p>			<p>Be a FLU FIGHTER</p>	<p>FLU SHOTS: September 17th 8-9am</p>	